

# Half-Tablet Program

You may be able to save money  
on your prescriptions

## What Is the *Half-Tablet Program*?

As the cost of prescription continues to rise, we're continually searching for ways to help you save money on your prescription drugs. One way you may be able to save on some prescription drugs is the *Half-Tablet Program*.

### This is how it works:

- Step 1:** Next time you go to the pharmacy, **tell your pharmacist** you would like to participate in the *Half-Tablet Program* and the pharmacist will contact your doctor for approval.
- Step 2:** With your doctor's approval, you'll receive **half the number** of pills you normally get, but the pills will be **double the dose** of your current prescription.
- Step 3:** When you take your medication, you will **split the pill in half** in order to get the dose you need.

The *Half-Tablet Program* will lower the cost of your prescription immediately... sometimes up to 50 percent!

## Free Pill Splitter!

To help you split those pills, you can get a pill splitter free of charge! Just ask your plan administrator.

## How to Begin Using the *Half-Tablet Program*

If you are taking one of the drugs listed on the back of this flyer, you can participate in the *Half-Tablet Program* at your next refill. Only the drugs listed on this flyer are eligible for this program.

### Important

- The *Half-Tablet Program* is completely voluntary.
- Due to the nature of certain pills, not all prescription medications qualify for this program. Please refer to the enclosed list of eligible drugs.
- If you or your doctor does not agree that pill splitting is right for you, your original prescription will be filled.
- Only you and your provider can determine if this prescription drug program is right for you.

If you have any questions, please call WellPoint NextRx Customer Service at **866.841.8951**.



The *Half-Tablet Program* is administered by WellPoint NextRx<sup>SM</sup>. Plan availability and/or coverage may vary by state.

 **Starmark**<sup>®</sup>  
Small business is our only business.

Effective January 1, 2009

WellPoint NextRx<sup>SM</sup> and Trustmark periodically review this list to help ensure the appropriate use of select prescription drugs. This list is subject to change without notice and may vary by benefit plan. Contact **WellPoint NextRx Customer Service at 866.841.8951** with any questions you may have about the drugs listed.

If your current prescription is:	By participating in the Half-Tablet Program, your prescription will be updated to:
<b>Cholesterol-Lowering Drugs</b>	
Crestor <sup>®</sup> 5mg	Crestor <sup>®</sup> 10mg: 1/2 tablet each dose
Crestor <sup>®</sup> 10mg	Crestor <sup>®</sup> 20mg: 1/2 tablet each dose
Crestor <sup>®</sup> 20mg	Crestor <sup>®</sup> 40mg: 1/2 tablet each dose
Lipitor <sup>®</sup> 10mg	Lipitor <sup>®</sup> 20mg: 1/2 tablet each dose
Lipitor <sup>®</sup> 20mg	Lipitor <sup>®</sup> 40mg: 1/2 tablet each dose
Lipitor <sup>®</sup> 40mg	Lipitor <sup>®</sup> 80mg: 1/2 tablet each dose
Simvastatin/Zocor <sup>®</sup> 5mg	Simvastatin/Zocor <sup>®</sup> 10mg: 1/2 tablet each dose
Simvastatin/Zocor <sup>®</sup> 10mg	Simvastatin/Zocor <sup>®</sup> 20mg: 1/2 tablet each dose
Simvastatin/Zocor <sup>®</sup> 20mg	Simvastatin/Zocor <sup>®</sup> 40mg: 1/2 tablet each dose
Simvastatin/Zocor <sup>®</sup> 40mg	Simvastatin/Zocor <sup>®</sup> 80mg: 1/2 tablet each dose
<b>Antidepressants</b>	
Citalopram/Celexa <sup>®</sup> 10mg	Citalopram/Celexa <sup>®</sup> 20mg: 1/2 tablet each dose
Citalopram/Celexa <sup>®</sup> 20mg	Citalopram/Celexa <sup>®</sup> 40mg: 1/2 tablet each dose
Venlafaxine/Effexor <sup>®</sup> 25mg	Venlafaxine/Effexor <sup>®</sup> 50mg: 1/2 tablet each dose
Venlafaxine/Effexor <sup>®</sup> 37.5 mg	Venlafaxine/Effexor <sup>®</sup> 75mg: 1/2 tablet each dose
Venlafaxine/Effexor <sup>®</sup> 50mg	Venlafaxine/Effexor <sup>®</sup> 100mg: 1/2 tablet each dose
Fluoxetine 10mg	Fluoxetine 20mg: 1/2 tablet each dose
Fluvoxamine 25mg	Fluvoxamine 50mg: 1/2 tablet each dose
Fluvoxamine 50mg	Fluvoxamine 100mg: 1/2 tablet each dose
Lexapro <sup>®</sup> 5mg	Lexapro <sup>®</sup> 10mg: 1/2 tablet each dose
Lexapro <sup>®</sup> 10mg	Lexapro <sup>®</sup> 20mg: 1/2 tablet each dose
Mirtazapine/Remeron <sup>®</sup> 15mg	Mirtazapine/Remeron <sup>®</sup> 30mg: 1/2 tablet each dose
Paroxetine/Paxil <sup>®</sup> IR 10mg	Paroxetine/Paxil <sup>®</sup> IR 20 mg: 1/2 tablet each dose
Paroxetine/Paxil <sup>®</sup> IR 20mg	Paroxetine/Paxil <sup>®</sup> IR 40 mg: 1/2 tablet each dose
Sertraline/Zoloft <sup>®</sup> 25mg	Sertraline/Zoloft <sup>®</sup> 50 mg: 1/2 tablet each dose
Sertraline/Zoloft <sup>®</sup> 50mg	Sertraline/Zoloft <sup>®</sup> 100 mg: 1/2 tablet each dose

*The information provided is for general information purposes only and is not the practice of medicine or a substitute for the independent medical judgment of a treating healthcare provider. Only a treating provider can determine what drugs are appropriate for a patient.*

Starmark's sole focus is providing a flexible healthcare benefits portfolio and unparalleled personal service to small businesses. By offering HSA-compatible health plans and nationwide network access, plus cutting-edge resources such as seamless HRA administration, easy and innovative paperless employee enrollment and valuable online healthcare decision support tools, Starmark continues to be a distinguished leader in small group healthcare benefits.



Fully insured plans are administered by Starmark and insured by Trustmark Life Insurance Company. Self-funded plans are administered by Starmark, and stop-loss insurance is provided by Trustmark Life Insurance Company. Plan availability and/or coverage may vary by state.

400 Field Drive • Lake Forest, Illinois 60045-2581 • [www.starmarkinc.com](http://www.starmarkinc.com)